



## CYCLING

Time Trials 5K, 10K / Road Race 20K

*Subject to change, including adjustments due to COVID19*

<b>DATE</b>	Sunday and Monday, June 9 and 10, 2024		
<b>TIME</b>	Sunday	9:00 am 5K Time Trial	est. 12:00 am 40K Road Race
	Monday	9:00 am 10K Time Trial	est. 12:00 am 20K Road Race

**CENTRAL TIME** - all times subject to change – Time Trial line up determined day of event

**Time Trials - Check-in 8:30 am**  
**Same bib for ALL three events.**  
**BIB will be at Zap's Tavern**

**Road Race – Check in 11:00 am**

**LOCATION** Meet at Zap's Tavern  
3725 St. Philip's Rd.  
Mount Vernon, IN 47620  
812-985-2121

**SEE MAPS AT BOTTOM OF EVENT DETAILS SHEET...**

### GENERAL INFORMATION

The following age divisions will apply to both men and women for all individual, doubles and relay competitions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+. Age divisions for competition will be determined by the age of the athlete as of December 31, 2024. Individual athletes may not use their performances at a qualifying event to qualify for a higher age bracket using the minimum performance standards of the higher age bracket. No onsite registration is allowed. The top four finishers in age, gender, and division will advance to the National Senior Games to be held July 24 – Aug 3, 2025 in Des Moines, Iowa.

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### QUALIFYING RULES

2024 is a qualifying year. The 2024 Indiana State Games will be a qualification event for the 2025 National Senior Games.

### SPORT RULES

1. All cycling events will be conducted in accordance with U.S.A. Cycling rules, except as modified herein. For a copy of these rules, please write or call: USA Cycling 210 USA Cycling Point, Suite 100 Colorado Springs, CO 80919-2215 (719) 434-4200 [www.usacycling.org](http://www.usacycling.org)
2. Helmets are mandatory and must conform to USA Cycling regulations.
3. Multi-gear (free wheel) bikes with front and rear brakes are required. Fixed gear and recumbent bicycles are not permitted. All bicycles must be certified by race officials prior to the competition.
4. There may be no protective shield, faring or other device on any part of the bicycle (including, but not limited to, the frame, wheels, handlebars, chain wheel or accessories) that has the effect of reducing air resistance, except those allowed by the USCF.
5. Handlebars used for steering with ends, features, or attachments that extend forward or upward or that provide support for other than the rider's hands (including aero bars) are permitted only in the time trial events and not in the road race events.

### MEDALS

Medals are given to 1<sup>st</sup> (Gold), 2<sup>nd</sup> (Silver), 3<sup>rd</sup> (Bronze) in each age group. The Indiana State Games allows and encourages athletes from out of state to participate. The definition of an athlete's state of residence is that state in which the person resides for at least six months out of the year. Medals will not be mailed out. Medals awarded in the order of finish regardless of state of residence.

### RULES

See NSGA rules that apply.

### COORDINATOR

Steve Gerbig is Coordinator for Cycling events. Coordinator will be responsible for all event issues that arise. Coordinator will record scores on result sheets and award medals.

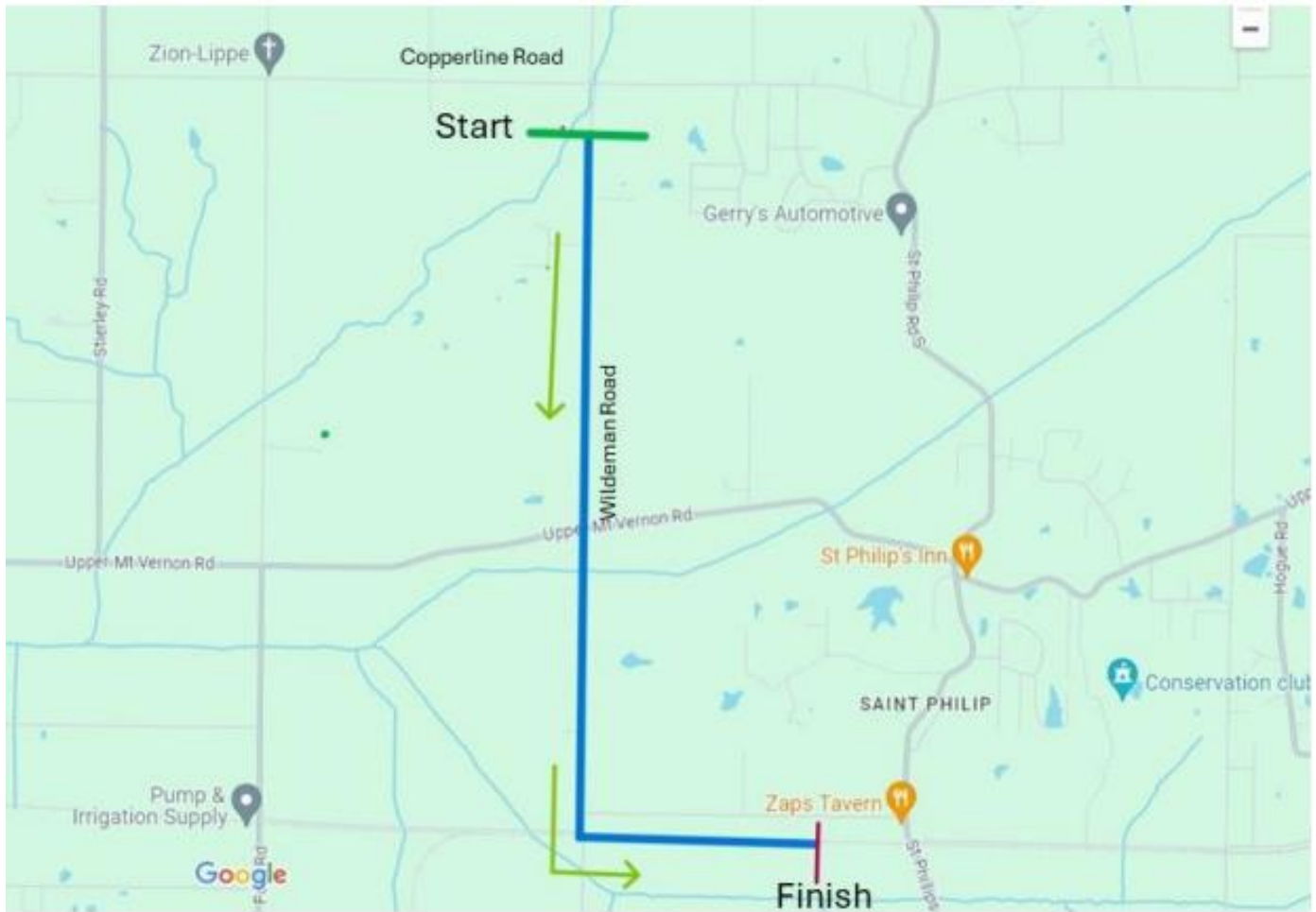
### QUESTIONS

Contact [IndianaStateGames@gmail.com](mailto:IndianaStateGames@gmail.com) or call 812-297-9568 please leave a message. Please include your SPORTING EVENT AND NAME when contacting us with questions.

[www.IndianaStateGames.org](http://www.IndianaStateGames.org)

## 5K Time Trial

- Start on Wildeman Road near Copperline Road
- Head south to Weinzapfel Road
- Turn left to common finish line



## 10K Time Trial Under Review

## 20K and 40K Road Race

- Start near intersection of Wolf Rd and Wildeman Road (approx. 1 mile from finish line)
- Go west approx. 1 mile, turn right on Ford Road.
- Go approx. 1 mile, turn left on Upper Mt. Vernon Road.
- Follow Upper Mt Vernon Road approx. 2 miles, turn right on Caborn Road
- Go approx. 2 miles, turn right on Copperline Road
- Go approx. 3 miles, turn right on Wildeman Road
- Go approx. 2-1/2 miles. 20km race turns left on Weinzapfel Road and proceeds to finish line. 40 km race goes straight to Wolf Road and completes 2nd lap before turning left on Weinzapfel and proceeding to finish line.

